

A Kind & Caring0 Home Health Care, LLC -

PRACTICE EXAM

1. **A client offers a nurse aide a twenty-dollar bill as a thank you for what the aide has done. The aide should:**
 - A) Take the money so as to not offend the client
 - B) Politely refuse the money
 - C) Take the money and buy something for herself
 - D) Ask the nurse in charge what to do

2. **All of the following are examples of abuse or neglect except:**
 - A) Assist in picking up the phone for the client
 - B) Leaving a client alone in the bathtub
 - C) Threatening to withhold the client's meal
 - D) Leaving a client in wet and soiled clothes to watch TV

3. **If a client is found lying on the floor, what should the aide do?**
 - A) Check for responsiveness
 - B) If unresponsiveness call 911
 - C) Call the office and the client's family
 - D) All of the above

4. **In giving care according to client's Bill of Rights, the HHA should:**
 - A) Provide privacy during client's personal care
 - B) Open the client's mail without permission
 - C) Use client's personal possession's for yourself
 - D) Prevent the client from complaining about care

5. **A client wakes up in the night and asks for something to eat, the aide should:**
 - A) Check the client's diet before offering nourishment
 - B) Tell the client that they can't eat during the night
 - C) Explain that breakfast will be available in four hours
 - D) Tell him that you are too tired to get up and get their meal

6. **If a client is confused the aide should:**
 - A) Ignore the client because what he says doesn't make sense
 - B) Watch the client so that he doesn't hurt himself
 - C) Lock the client in a room so that he does not bother you
 - D) Call agency and tell them the client is bothering you

7. **What is the process of restoring a disabled client to the highest level of function?**
- A) Responsibility
 - B) Retention
 - C) Rehabilitation
 - D) Reincarnation
8. **When providing care the aide should wash hands:**
- A) Before doing a task
 - B) After doing a task
 - C) Not wash hands because they are already clean
 - D) Both A & B are correct
9. **Clean bed linen placed in client's room but not used should be:**
- A) Returned to the linen closet
 - B) Used for another client in the next room
 - C) Placed in dirty linen container
 - D) Leave it there until needed
10. **The HHA finds a conscious client lying on the floor. The first thing the aide should do is:**
- A) Help the client to sitting position
 - B) Call for assistance to get the client up
 - C) Offer the client a cup of water
 - D) Check for signs of injury
11. **If you find your client sad and crying, you should:**
- A) Ask the client if something is wrong
 - B) Tell the client to cheer up
 - C) Tell the client to stop crying because it is driving you crazy
 - D) Call the client's family
12. **Client's have the right to:**
- A) Have access to a telephone
 - B) Have a decent meal
 - C) Given privacy when asked
 - D) All of the above
13. **When a client is going to the hospital/nursing home, the aide should:**
- A) Call and notify the agency
 - B) Wait until the client is picked up
 - C) Call the client's family
 - D) All of the above
14. **To prevent infection the aide should remove soiled linens from client's bed and:**

- A) Shake them in the air
- B) Place them in a neat pile on the floor
- C) Carry them close to yourself as possible
- D) Place them in a dirty linen container

15. To prevent dehydration of the client the HHA should:

- A) Offer fluid frequently while the client is awake
- B) Wake client up hourly during the night to give fluids
- C) Give the client frequent baths
- D) Feed client salty food to increase thirst

16. To make sure the client's weight is measured accurately the client should be weighed:

- A) After each meal
- B) After a good night's sleep
- C) At the same time everyday
- D) By the same person everyday

17. Which of the following is the correct method of removing a dirty isolation gown?

- A) Pull it over your head
- B) Let it drop on the floor before picking it up
- C) Roll it dirty side in and away from the body
- D) Pull it off by the sleeves and shake it well

18. What will be the best way for the aide to promote independence while bathing a client who has recently suffered a stroke?

- A) Give the client a complete bath only when requested
- B) Encourage client to as much as possible and assist only when needed
- C) Leave client alone and assume the client will do as much as she can
- D) Limit the client to washing hands only since she is not able to bath herself

19. A safety device used to assist a dependent client from bed to chair is called:

- A) Hand roll
- B) Foot board
- C) Poesy vest
- D) Transfer/gait belt

20. When making an unoccupied bed, the HHA should:

- A) Ask the client to help them pull the sheets
- B) Make sure the client is seated comfortably on a chair before you make the bed
- C) Raise the side rails of the bed so that the client can't get back to the bed
- D) Lower the rails and tell the client to climb back to bed while you clean the dirty linens